

About the Resort

Ayurveda Sarana Beach Hospital & Resort, we provide authentic Ayurvedic Panchakarma treatments in a serene and nurturing environment. With a team of highly experienced Ayurvedic Doctors and a focus on Individualized care, we aim to restore balance and promote well-being through traditional Ayurvedic therapies.

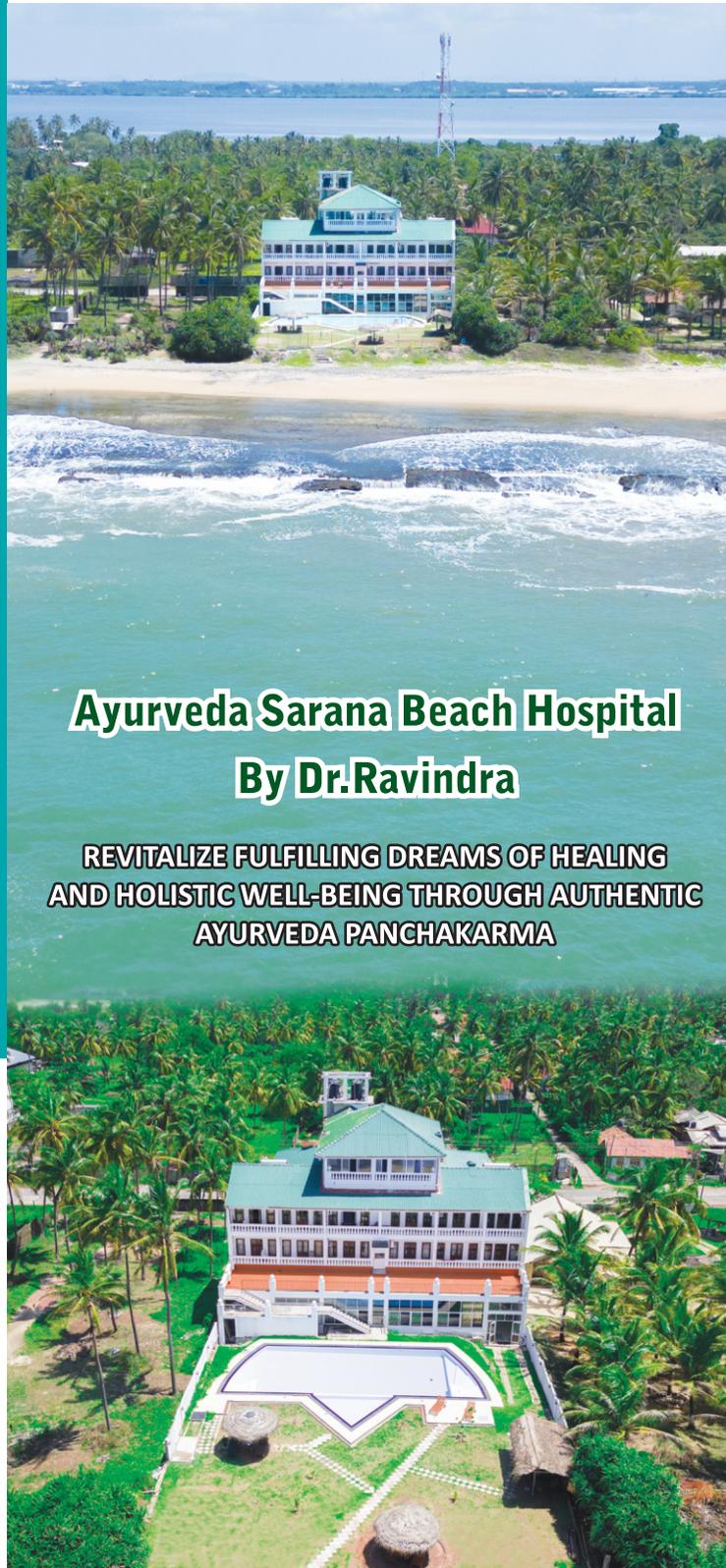
Our Mission and Approach

Our mission is to provide personalized Ayurvedic care that addresses the unique needs of each individual. We believe in the Inherent healing power of nature and strive to restore balance and harmony in the mind, body and spirit. Through a blend of traditional Ayurvedic wisdom and modern practices, we offer a holistic approach to healing and well-being.

Follow Us

- <https://facebook.com/Ayurvedasarana>
- https://twitter.com/Ayurveda_Sarana
- doctorraviayurveda.com
- ayurvedasaranahospital.com

AYURVEDA SARANA
BEACH HOSPITAL



Ayurveda Sarana Beach Hospital By Dr. Ravindra

REVITALIZE FULFILLING DREAMS OF HEALING
AND HOLISTIC WELL-BEING THROUGH AUTHENTIC
AYURVEDA PANCHAKARMA



AYURVEDA SARANA
BEACH HOSPITAL

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Ayurveda Sarana Beach Hospital,
63/10 Pamunugama Road
Dungalpitiya, Negombo, Sri Lanka.

Dr.Ravindra Karandeniya

DSAMS (University of Kelaniya Sri Lanka)
PG Diploma in Ayurveda Panchakarma
SLAMC Reg.No : 11203



My Vision

The sole ambition & aim of my service is to heal & entreat each & everyone who comes to me to a better & healthy life through the medical

Our Journey and Expertise

With over 22 years of experience Dr.Ravindra Karandeniya, has been a trusted name in European, western and Sri Lanka Ayurveda clients. With using that experience Dr.Ravindra Karandeniya and Dr.(Mrs) Achala Priyasinghe with their some of most experience and trusted previous staff members Starting Ayurveda Sarana Beach Hospital. Our journey began with a deep passion for holistic healing and a commitment to sharing the wisdom of Ayurveda with our clients. Our team of Ayurvedic practitioners, led by renowned Ayurvedic doctor Dr.Ravindra Karandeniya, brings extensive expertise in Panchakarma therapies and a profound understanding of the Ayurvedic Principles.



GET IN TOUCH

Address

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Pamunugama Road,
Dungalpitiya,
Negombo, Sri Lanka.

Email

ayurvedasarana@gmail.com
kd.ravindra@gmail.com

Phone

+94777616846

Web

ayurvedasaranahospital.com

Our Experience in Treating

- Especially Chronic health problems like Arthritis (Osteoarthritis and Rheumatoid Arthritis)
- Frozen shoulder
- Cervical Spondylosis.
- Lumbar Spondylosis.
- Gastro-Intestinal tract problems.
- Gastritis, Gastric ulcers, Duodenal ulcers, Other digestive disorders
- Irritable bowel syndrome
- Hemorrhoids and other rectal bleeding conditions
- Heart problems and problems in blood circulatory system, High blood pressure, Blood cholesterol
- Liver disorders.
- Nerve related disorders (Paralysis, Sciatica, some complications Multiple Sclerosis etc.) Auto-immune disorders
- Respiratory tract disorders.
- Asthma
- Chronic Sinusitis.
- Nsal problems
- Skindisorders E.g. : Psoriasis, Eczema, Neurodermatitis etc.
- Psychological Disorder like,
- Stress
- Anxiety
- Depression
- Insomnia
- Kidney & Urlnary tract disorders
- Obesity.

